



NANOOSE BAY ELEMENTARY SCHOOL

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October 4th 2019

Dear Parents/Guardians,

Your child has expressed an interest in joining the Cross Country Team at NBES. Practices will be held during lunch time on **Monday** and **Thursday**, starting next Monday, October 7th and ending November 4th. Please ensure your child is properly dressed to run on these days. We will be running off the school property in trails close by. There will always be at least two adults running with the group.

Some of the students will be selected to run at the District Cross Country Meet on November 6th at Springwood Elementary School. Details regarding the meet will be sent out closer to the date for students involved.

Please fill out the permission form below and have your child return it to the office on Monday, October 7th.

Thank you!



Heather MacLeod
Vice Principal
Nanoose Bay Elementary School

Classroom teacher: _____ Grade: _____

I give my child _____ permission to participate on the NBES Cross Country Team. I am aware they will be leaving school grounds to train.

(parent name/signature)

(phone number)

(date)

